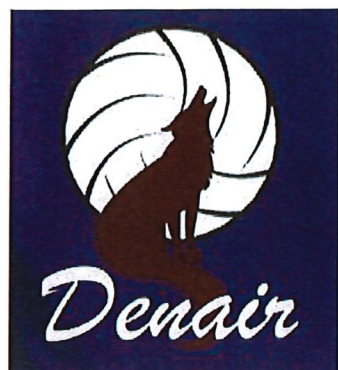


## COYOTE KIDS SUMMER CAMP for VOLLEYBALL



\*\*\* ALL 4TH AND 5TH GRADE BOYS AND GIRLS  
INTERESTED IN LEARNING  
HOW TO PLAY VOLLEYBALL \*\*\*

MONDAY, TUESDAY, WEDNESDAY  
JUNE 18, 19, 20

9:00 a.m. to 12:00 p.m.

\$10 A DAY or \$15 FOR ALL 3 DAYS (paid in advance)

Cash payments to Coach North, Room 208 DHS (receipt provided)

Checks payable to "Denair Girls Volleyball"

All participants receive a t-shirt and daily snacks

Beginners will focus on learning basic skill fundamentals and techniques,  
along with introductory team strategies and conditioning.

Skills include: serving, underhand passing,  
overhand passing (setting) and hitting down balls (intro to spike skill)

We will also focus on the fun of playing volleyball as a team sport.

Athletes will be coached by

Denair High School Head Coach Christy North,  
JV Coach Courtney Lira, and Frosh Coach Yuli Tafolla,  
with assistance from Denair High volleyball players.

Daily schedule will consist of the following (with some adjustments as necessary)

9:00-10:00 Warm-up and initial conditioning games

10:00-10:05 Refreshment break (water or sport drink)

10:10-11:30 Basic skills and drills (rotating stations)

11:30-11:50 Team play

11:50-12:00 Reflection and questions, with Snacks!

All athletes must bring their Denair I.D. (this year's is o.k.) the first day, and wear appropriate clothing: tee-shirt, athletic shorts or spandex, socks, court shoes (no Vans, no Chucks, no sandals). Athletes should also bring any necessary hair ties and health-related items, such as asthma inhaler, ankle/knee brace, etc.

\*\*No jewelry worn during camp sessions.

Parents are welcome to come watch at any time during the camp hours; please bring own chair.